



Exceedingly pretty **Barnsdale Lodge**, in Rutland, is perfect for a summer weekend getaway. A traditional country pub with superlative service, it is mere moments from the beautiful Rutland Water nature reserve. Work up an appetite by cycling round the lake, then get ready to indulge at the brilliant conservatory restaurant. *From £100 per night; barnsdalelodge.co.uk*



WIN THIS

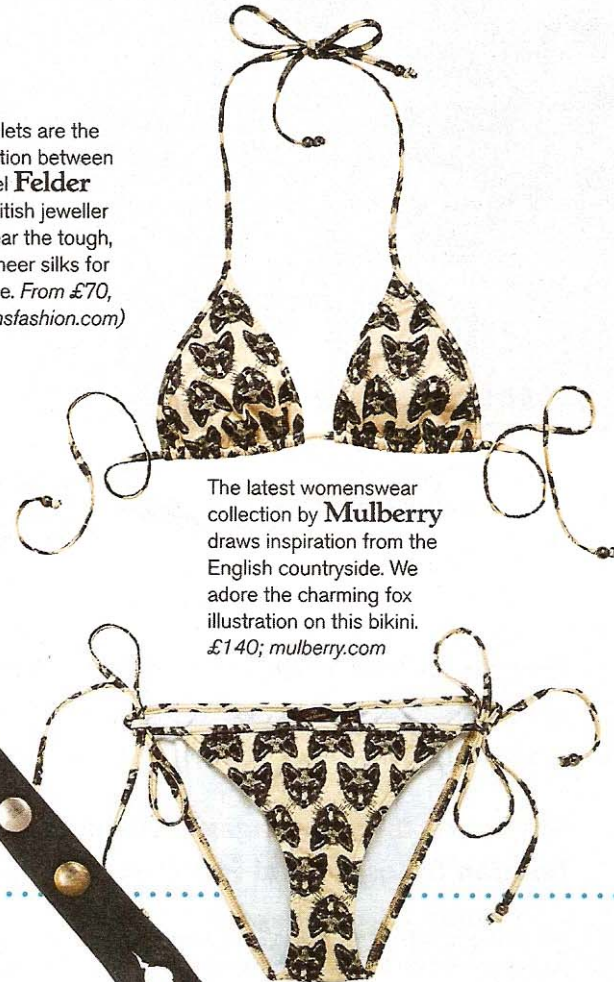
The **Grosvenor Hotel**, in London SW1, has just launched a new top-class restaurant, **Grand Imperial**, specialising in Cantonese cuisine. We're offering one *Stella* reader, plus guest, a chance to win a two-night stay, including breakfast and dinner. Visit telegraph.co.uk/promotions to enter

After a five-year hiatus the cult American beauty brand **Stila** is once again available on our shores – hoorah! We love Stila for its multitasking products, such as this two-in-one bronzer and illuminator. *£24, from boots.com*



FMG, Johan Persson

These leather bracelets are the result of a collaboration between the hip German label **Felder Felder** and the British jeweller **Zara Simon**. Wear the tough, urban pieces with sheer silks for a flash of irreverence. *From £70, from Browns (brownsfashion.com)*



The latest womenswear collection by **Mulberry** draws inspiration from the English countryside. We adore the charming fox illustration on this bikini. *£140; mulberry.com*



Spot a finely sculpted fashion-industry derrière these days and it's likely to be a product of **Ten Pilates**, famed for its fast toning results. Its newest London studio – the fourth – has just opened in Mayfair, and it is well worth fighting the *Voguettes* (who work across the road) to get a place. Your glutes will be eternally grateful. *From £27 for a one-hour class, or from £17.50 per class when block-booked. tenpilates.com*